

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chorizo & Chicken Pasta (G)	Red lentil & Sweet Potato Curry with Rice	Roast Pork, Roast potatoes, broccoli, Carrots & Broad Beans, Gravy	Lasagna with salad & Garlic Bread (G,D,E)	Mini Hotdog (80%) in Brioche Bun, Potato & Beetroot Salad (D,G)
Dessert	Apple & Mango Fool (D)	Frozen Yogurt & Shortbread Biscuit (D,G)	Strawberry Trifle (D,G,E)	Orange & Passion fruit Tart (D,G,E)	Frozen Yogurt (D)
Tea Time	Cheese & Tomato Muffin (D,G)	Cheese & Chive Potato Bake (D)	Jacket Potato Baked Beans	Quiche & Salad (D,G)	Tomato & Herb Pasta (G)
Tea Treat	Fruit or Yogurt (D)	Fruit or Yogurt (D)	Fruit or Yogurt (D)	Fruit or Yogurt (D)	Fruit or Yogurt (D)

Key	S = Soya	F = Fish	N = Nuts	G = Gluten/Wheat
D = Dairy	L = Lupin	P = Peanuts	CR = Crustaceans	MO = Molluscs
SD = Sulphur Dioxide	SS = Sesame Seeds	E = Eggs	Mu = Mustard	C = Celery